

NAVIGATING MY WORLD

BOYS GROUP

Come and join the new Boys' Group at Minnowarra House. A program aimed at 11-14 year olds "Navigating my World" is about adventuring into a new way of recognising and communicating feelings.

The focus is on getting in touch with anger to explore what's underneath while learning some new strategies to deal with it in a positive way.

This is a six week program offered during term three commencing Monday 15th of October, running from 3.15-5.00pm.

Cost is \$60 for the entire course, with payment in full to be made at time of registration.

To register your interest, or if you have any enquires please call 9497 1413.



PLACE: Minnowarra House, 24 Numulgi St, Armadale

DATE: Mondays, 15th October - 10th December

TIME: 3.15-5.00pm

COST: \$60